

# 2012 LIFELONG LEARNING PROGRAM REPORT

**2012 was a great year for lifelong learning in Quebec City!**

A big thank you is due for the time and efforts of the Lifelong Learning Program Steering Committee, eleven volunteer moderators, and a strong partnership between the Quebec City Reading Council and Voice of English-speaking Quebec.

## LLL IN THE NEWS

Lifelong Learning and the Japanese Cultural Series were both highlighted in the *Quebec Chronicle-Telegraph*! [Click to read the articles.](#)

**Browse the 2012 LLL photo gallery to see how much fun was had!**

[Click here to view photos.](#)



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## 2012 REPORT

### MISSION

As readers likely know, the Lifelong Learning Program's mission is to provide adults in Quebec City with English-language opportunities for idea exchange, peer learning, and active participation. LLL does so by offering an ongoing series of peer-led, informative, and informal learning opportunities.

### PROGRAM OVERVIEW

- In 2012, LLL was jointly administered by QCRC & VEQ.
- LLL is guided by a steering committee comprised of LLL members. In 2012, they were: Gill Ayre, Katherine Burgess, Bill Donnelly, Jim Eames, Tommy Hannan, Meb Reisner, Léon Samuel, and Nancy Thomas.

### PROGRAM HISTORY

The Lifelong Learning Program started in 2008-2009 as a joint effort between the Quebec City Reading Council, Eastern Quebec Learning Centre, the Quebec City Community Learning Centre, and Voice of English-speaking Quebec (VEQ). The motive at the time persists today - provide quality educational opportunities for English-speaking seniors in the Quebec City area.

In April 2012, the steering committee reaffirmed dedication to a senior (50+) target audience. At the same time, it was clarified that the scope of membership includes any adult willing to actively participate in an English-language educational opportunity comprised primarily of seniors.

## **BASIC STATS**

In the past year, the local Lifelong Learning Program (LLL) has nearly doubled in membership. In 2012, adults in our community enjoyed 24 interactive and informative programs. Adult learners participated in a total of 775 educational contact hours, with an average of 17 people participating in each program.

## **2012 PROGRAMS (24)**

### **Discussions:**

- Literature & history (9)
- Local food/gardening (4)
- Social events (2)
- Field trip (1)

### **Workshops:**

- Computer skills (6)
- Japanese culture (3)
- Art/painting (1)

## **PARTICIPANT RESPONSE**

Participant feedback in 2012 has been overwhelmingly positive.

Of those who responded, LLL meets or exceeds expectations for 95% of participants. 97% of participants indicate they would like to participate in another similar session. Even better, 100% of participants indicate they would recommend LLL to someone else.

## **IMPACTS ON PARTICIPANTS**

### **Context of Local LLL Program**

According to many reports, including the Canadian Public Health Agency, “Seniors constitute the fastest growing population group in Canada.” (1) A task force (2) in 2005 indicated that, over 35% of the population was over 50 years of age.

### **Benefits to Lifelong Learner**

According to the Canadian Council on Learning (3), “formal education, leisure activities,

and professional pursuits can all contribute to keeping the mind stimulated and healthy.”

LLL provides such opportunities through learning opportunities organized for seniors. LLL emphasizes: scheduling sessions during the day, selecting accessible locations (plenty of parking, easy access by public transit, physically accessible for all mobility levels), maintaining a steering committee comprised of program members, and through encouraging peer-to-peer learning by engaging seniors as presenters and moderators. The LLL program also incorporates new technologies into each annual schedule.

LLL has a well-established network of partners to whom LLL members are connected for social and medical assistance. Through this network of partners, LLL is also able to provide seniors with recommendations and referrals for additional opportunities. As indicated by both the Public Health Agency (4) and the federal government (5), senior volunteerism is a key element of high-quality lifestyles for seniors and in community well-being.

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1. Public Health Agency of Canada, Canada’s Aging Population (2002): [Click here to view online](#).
2. Task Force on the Full Participation of Seniors in Québec’s Development, Building a Québec for All Ages (2005): [Click here to view online](#).
3. Canadian Center for Learning, Never too old to learn: Seniors and Learning in Canada (2006): [Click here to view online](#).
4. Public Health Agency of Canada, Partnerships - Renewed Interest in an Old Tradition (1997): [Click here to view online](#).
5. National Seniors Council, Volunteering Among Seniors and Positive and Active Aging (2010): [Click here to view online](#).

Contact LLL today to sign up, ask questions, or offer suggestions.

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